



The Brownsea Bulletin

Training Issue

September 2009

Girl Guides of Canada - Calgary Area

Dates to note:

- October 3 — Outdoor Cooking Training
- October 5 — Guide-Scout Stampeders' Football game
- October 10-12 — Thanksgiving Long Weekend (shop and office closed)
- October 25 — Youth Awards

Inside this issue:

Introducing: Training	2
Welcome Gift	2
TEAM stream chart	3
"Bling"	4
Training Module Tracking Form	5
Opportunity: Area Program Adviser	7
A trainer... who me?	7
Youth Achievements	8
Duke of Edinburgh's Award	8
Membership and Marketing: Cookies, Registration and Recruiting	9
Trying New Things	10
Directory	11
Camp Cooking Training Session	12

Get Ready to Celebrate!

I hope you have all had a wonderful summer and are looking forward to a fun-filled year with the girls.

The next several months in Guiding will be filled with excitement and adventures. On January 16, 2010 Girl Guides of Canada will launch our 100th birthday celebrations. On May 15, 2010 there will be rallies across the country, including one in Calgary and several in Alberta. We are hoping that all of you will take your units to one of the celebrations. Watch Alberta Council's *The Blue Print*

and website for details about where all the Alberta rallies are and choose the one that is most suitable for your unit. This is a once-in-a-lifetime opportunity for all our Members. It is important that all of us celebrate our past and celebrate our future.

As we reflect on our past and how we started, with a few women opening units in a few centres across the country, and how we've grown to where we are well-known and have units in many communities across the country, we have reason to celebrate. The only way an organization can survive for 100 years is by offering something that the public wants and by changing with the times. We can see the changes GGC has made and continues to make, by looking at the changes in our uniforms, the changes in our programs and the changes in how we are organized. We have gone from sewing

on buttons, learning to braid and being challenged to start fires with one match to designing web pages, doing science experiments and exploring cooking with solar heat.

There are many ways to celebrate our birthday. Plans can range from having a birthday cake to share with the girls to exploring what Guiding was like in 1910

and re-enacting the past. You can check out archives that are available for you to view. Invite Members who were involved in Guiding many years ago to come out and talk about Guiding

when they were girls. Book our costume uniforms from 1915 and encourage the girls to try some of the challenges that were in our first programs. Watch the national and provincial websites as challenges are uploaded for the girls to earn badges to help them understand our history and celebrate our birthday.

As we celebrate our past we should also celebrate our future. One of the ways we can do that is not only accepting the changes that will continue to occur but embrace them. It is those changes, though perhaps difficult to accept at first, which will help our organization to survive for another 100 years.

Enjoy this year in Guiding, and remember that in 100 years Members may be looking back to see what we were doing.

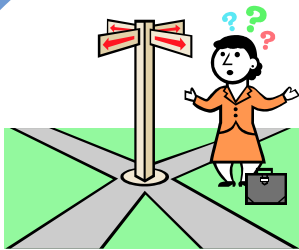
— Eileen Johansen, Area Commissioner



1910-2010 Girl Greatness Starts Here
Le leadership des filles commence ici



Girl Guides of Canada
Guides du Canada



New (or not so new) Guiders:
Feeling a little lost?
Training can really help!



Be sure members of your Unit, council or Guild have signed "Image Release" forms then get snapping! Share shots of your group in action; send them along with some details describing your event or activity to *The Brownsea Bulletin*.

See page 10 to find out how.

Introducing: Training!

The Calgary Area Training Committee has 22 talented trainers dedicated to finding new, fun and creative ways to meet your training needs.

For specific trainings being offered in the next few months, please go to the Calgary Area website (www.calgarygirlguides.com)... click on "for Guiders"... then on "Glider Training Calendar".

We have a variety of dates for your required sessions: **Safe Guide** and **Orientation to Guiding**.

For UNIT GUIDERS we have several:

- ▶ QUICK START fall sessions that are specific to each branch. (Sparks, Brownies, Guides...)

Over the 90 minute session, you'll laugh and learn with other Unit Guiders from around the city. You'll take away new ideas on ceremonies, events, program planning and strategies in behaviour management and inclusivity as well as a good understanding of your branch's program goals.

You won't want to miss our

- ▶ PUTTING THE PIECES TOGETHER session.

This Guider stream module focuses on leadership, communication, girl-power, successful outcomes and girl protection procedures. You will leave the session with increased confidence in yourself as a leader and a greater understanding of group dynamics and behaviour management that we know will be of use to you as you coordinate activities in your Unit.

Watch for news coming soon about our 2010 round of à la carte sessions. In the new year, we'll be coming out to a location near you to deliver a feast of trainings. As you requested, these evening menus will centre around outdoor activity leadership.

If there are other topics you would like support with, feel free to contact us! (training@calgarygirlguides.com)

Looking forward to hearing from you.

— Pat McWilliams, Area Training Adviser

Start the year off with a welcome gift!

A few years ago, inspired by similar little kits, I put together "goodie bags" for girls in my Unit to take home following our first meeting.

I included a little card that read:

Welcome to Guides!

Here's a kit to help you start the year off right. There's:

- An eraser—'cause nobody's perfect. It's OK to make mistakes as long as we learn from them.
- A package of Smarties—'cause there's lots of ways to be "smart" and we've all got something special to share.
- A rubber band—'cause, through Guiding, we gain confidence which helps us bounce back from whatever life throws our way.
- A star sticker—'cause when we stick together and do our best, we shine!

- A chocolate "hug"—'cause everyone needs support and encouragement.
- A gold cord tied (tied in a friendship knot)— 'cause Guiding provides a great place to build friendships.
- A bandage—'cause we all have a hand in helping to heal hurt feelings and repair damage done to the Earth.
- A puzzle piece—'cause we're all part of something bigger: the sisterhood of Girl Guides and Girl Scouts.
- A "diamond"— 'cause you are valuable.
- Finally, a Guides Canada tattoo, because we hope that being a part of our Unit will leave a lasting impression on you!

Add items or change wording to suit your Unit (or council or committee) or what you find at the dollar store that inspires you.

— Pat Papineau, Guider-at-large

Training and Enrichment for Adult Members (TEAM)

Mandatory Training for all new Members

- Orientation to Guiding
- Safe Guide

Stream	UNIT GUIDER (red pin)	DISTRICT COMMISSIONER (orange pin)	ADMINISTRATOR (blue pin)	OUTDOOR ACTIVITY LEADER (green pin)	TRAINER (purple pin)
Pre-requisite Modules	<ul style="list-style-type: none"> • none 	<ul style="list-style-type: none"> • Safe Guide • Orientation to Guiding 	<ul style="list-style-type: none"> • Safe Guide • Orientation to Guiding 	<ul style="list-style-type: none"> • Orientation to Guiding • Safe Guide • Guider Stream 	<ul style="list-style-type: none"> • Orientation to Guiding • Safe Guide • Understanding the Adult Learner
Foundation Modules These are the required modules to complete each stream of the training program.	Branch-specific Modules 1. About the Girl 2. Programming for the Girl 3. Quick Start 4. Putting the Pieces Together <i>Please note that the title of these branch-specific modules may differ.</i>	1. DC Getting Started: Foundation of your Position 2. DC Getting Started: District Administration 3. DC Getting Started: Human Resources 4. DC Getting Started: Building your District 5. DC Getting Started: Risk Management	1. Effective Communication 2. Time Management 3. Building Strong Teams 4. Conflict Management 5. <i>Choice of one enrichment module that is relevant to your position.</i>	1. Path: Organizational Skills 2. Path: Safety Sense 3. Path: Program and Skills 4. Path: Program and Skills 5. Path: Outdoor Group Dynamics	1. Needs Assessment 2. Training Design 3. Training Delivery 4. Facilitation Skills 5. Training the Streams
Mentorship	Participation in the National Mentoring Program is recommended				
Recognition	Pin: upon completion of pre-requisite and foundation modules				
Enrichment Modules (yellow pin upon completion of 5 modules) These modules do not have any pre-requisites and may be taken by any Member.	1. Bias Awareness/Equity 2. Mentor Training 3. Cookie Program 4. Guiding and the Promise and Law Effective 5. Communication	6. Girls United: Helping Girls Connect in Healthy Ways 7. Time Management 8. Building Strong Teams 9. Conflict Management 10. Volunteer Management 11. Financial Management 12. Dramatic Arts	13. Event Planning 14. Understanding the Adult Learner 15. DC More Depth: Foundation of your Position 16. DC More Depth: Risk Management 17. DC More Depth: District Administration	18. DC More Depth: Human Resources 19. DC More Depth: Building your District 20. Communicating with Girls 21. Exploring the Branches 22. International Guiding 23. Leading Active Games	Trainer stream pin: upon completion of pre-requisite and foundation modules. Trainer pin: upon completion of trainer stream modules and satisfactory assessment of trainer competencies.



Have you noticed the lamp 'BLING' your sister Guiders are wearing?



Help keep your iMIS record up-to-date. You can view it through "Member Zone" on the national website (www.girlguides.ca) or by requesting it from Area data input staff.

You too can earn these gorgeous TEAM (Training and Enrichment for Adult Members) pins by attending training sessions and/or applying for equivalency.

We know it's not just all about the BLING. Taking the sessions will help you and your Guiding SPARKLE!

The TEAM chart (in this edition of the Brownsea Bulletin) shows you what modules you need to take in order to earn your 'stream' pin. You'll notice each stream's pin is a different color.

MAKE IT COUNT!

- Record your trainings on your TR.9 (Training Module Tracking Form). You can download the form from the national website (www.girlguides.ca)... "Members"... "Forms" or print the one on the next page of this edition of *The Brownsea Bulletin*.
- When you have completed a training at

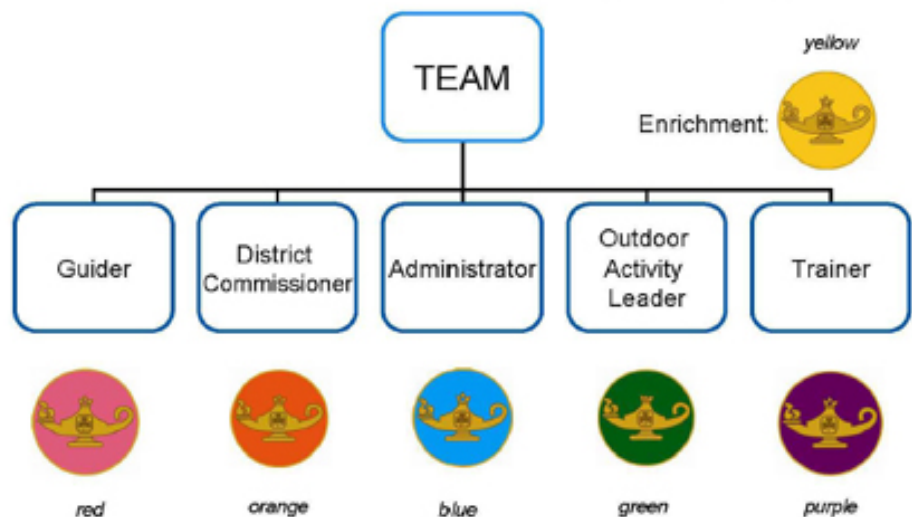
Area, your trainer will ensure it is entered onto your iMIS profile. Please help her by giving your iMIS number when you sign the attendance sheet at the training.

- When you take a training through e-learning, please notify our data input staff (imis@calgarygirlguides.com) so that they can enter this onto your profile. (e-learning will do this but it takes a while and they suggest we also do it manually to make sure it gets in!) Be sure to include your iMIS number with your request.
- When you have completed all the requirements for the stream, notify your District Commissioner. She is responsible for purchasing and awarding you your pin.
- If you are interested in applying for equivalency, talk with your District Commissioner or contact the Calgary Area Training Team (training@calgarygirlguides.com).

We've moved!

Check out our new Calgary Area website at www.calgarygirlguides.com (...and be sure to update your links!)

Training and Enrichment for Adult Members (TEAM)





TRAINING MODULE TRACKING FORM

Use this form to track your completion of Training and Enrichment for Adult Members (TEAM) trainings.

Name:	iMIS:
Address:	Tel:
	E-mail:

	<i>Date</i>	<i>Trainer</i>
MANDATORY TRAININGS		
Orientation to Guiding		
Safe Guide		

GUIDER STREAM		
About the Girl (or Relating with...)		
Programming for the Girl		
Quick Start		
Putting the Pieces Together		

DISTRICT COMMISSIONER STREAM		
DC Getting Started: Foundation of your Position		
DC Getting Started: District Administration		
DC Getting Started: Building your District		
DC Getting Started: Human Resources		
DC Getting Started: Risk Management		

ADMINISTRATOR STREAM		
Effective Communication		
Time Management		
Building Strong Teams		
Conflict Management		
1 Enrichment Module: (please list)		

OUTDOOR ACTIVITY LEADER STREAM		
Path: Organizational Skills		
Path: Safety Sense		
Path: Program and Skills 1		
Path: Program and Skills 2		
Path: Outdoor Group Dynamics		



A great opportunity for you

to promote, inspire and support GIRL GREATNESS
while learning new things and increasing your own leadership skills.

Applications for

AREA PROGRAM ADVISER

will be accepted
until **October 15, 2009.**

Imagine the impact you and your team will have as you support and promote the delivery of dynamic programs in every corner of Guiding in our area. By ensuring all Unit Guiders have access to the information and resources they need, you will be making their job easier and every one of our members, girls and Guiders alike, will benefit! You will be part of a national network of program advisers with direct mentoring and support from our Provincial Program Adviser as well as from members of Calgary Area Council.

For more information on this exciting volunteer position and to access an application form:

Contact Donna Leonard
dlleonard@shaw.ca

A trainer... who me?

Have you been

- ▶ thinking about doing something different in Guiding?
- ▶ considering passing on some of your enthusiasm and Guiding knowledge to other Guiders?
- ▶ enjoying being a friend or mentor to a new Guider?



If you answered yes to any of these, perhaps you will consider joining us and becoming a trainer!

Each year Guiders have an opportunity to attend the trainer foundation modules during the Provincial Trainers' Workshop. Completing these modules provides participants with useful ideas, strategies and information for working with adults. Not only will you receive your snazzy purple pin but taking the sessions may help you decide if pursuing a trainer appointment is the right fit for you.

Details of the Trainers Workshop in April 2010 will be posted on the provincial website. If you are interested in learning more about the joys of being a trainer, contact us locally at training@calgarygirlguides.com.



Recognizing our Youth Members' achievements

Last spring, Gold Duke of Edinburgh's Awards were presented to a number of hard-working Calgary Area girls.

Congratulations to:

7th Calgary Rangers Daniela Bruch and Jackie Morley.

12th Calgary Rangers Dayna Harder, Mariam Hussain, Briana Lackie, Sarah Marsh, Kaeleigh Phillips, Tia Watson and Sarah Yu.

22nd Calgary Rangers Alisha Dhanji and Nurin Dhanji.

22ndA Calgary Ranger Nadia Mawji.

24th Calgary Ranger Megan Belenky.

For her work with the Calgary Public Library's "Reading Buddies Program", 12th Calgary Ranger Kate Hanna was recognized with a CPL volunteer award.

The eight-week program runs three times per year in various library branches. It pairs teens with children in grades one to three to offer a support in developing literacy skills while showing kids that reading is fun! Volunteers receive training then meet with their buddy at the library once a week to share in group story-time then one-on-one.

Continue to share the Guiding spirit and congratulations, Kate!



If you know of a youth (or adult) Member who has received an award through her efforts to live the Guiding Law, please let us know!

brownsea@calgarygirlguides.com

Duke of Edinburgh's Award

As an Award achiever and a long-time Guider, I have been involved with the Award for many years. My Pathfinder Guider signed us all up to work on our Bronze Awards and in Rangers we worked on our Silvers together. As a young Guider/Link at university, I finished my Gold and at each Award ceremony I proudly wore my Guide uniform. I now help my Rangers through the Award levels.

As an Award achiever and a leader with the Award, I have had many opportunities to meet and work with amazing young women who have benefited greatly from working on both the Award and Guiding programs together. The Duke of Edinburgh's Award is a wonderful way to enhance the Guiding program and its activities.

Knowing that today's youth have a great need to feel that they belong to something and that they are contributing to the world, we can help them feel this inclusion through their involvement in healthy organizations such as Girl Guides and The Duke of Edinburgh's Award. To have a sense of belonging and accomplishment is imperative to one's self-esteem and social success.

Young people that believe in themselves and can make a contribution to others end up becoming responsible and contributing citizens. Working on The Duke of Edinburgh's

Award through Guiding is a wonderful way to help the girls on their journey to life's success and recognizing them for their efforts.

I would strongly recommend the Award program for all Pathfinder and Ranger girls. Look into this journey; it may become just what your girls need.

There are three levels of the Award: Bronze (for those over 14), Silver (for those over 15), and Gold (for those over 16). At each Award level Achievers are required to participate in four mandatory activities: community service, physical recreation, skill development and undertake an expedition or exploration. Upon proper recording and verification of activities we present certificates and pins to honour individual achievements.

The Award program and WAGGGS have had a positive relationship from the beginning and many Guiding members all over the world have earned their Awards while participating in the Guiding program and its activities.

At the heart of the Duke of Edinburgh's Award is the principle of encouraging in young people personal discovery and growth, self-reliance, perseverance, responsibility to themselves and service to the community, much like Guiding.

— *Tirian Eynon, Ranger Guider and local Duke of Edinburgh's Award contact.*



Membership and Marketing Committee

Girl Guide Cookies—Requests and Reminder

Do you have any wonderful recipes using Girl Guide Cookies, either Mint or Classic?

Let's share them! Send your recipes to memmar@calgarygirlguides.com and we'll put them in the upcoming editions of *The Brownsea Bulletin*.

By the release date of this issue, Mint Cookies should have started arriving in Calgary Area.

Please fill your pre-ordered requests as soon as you can after receiving the delivery.

We still encourage you to go door-to-door in your communities, making sure the girls have the proper supervision.



It's cookie time again!

Registration: Add some pizzazz

Make your registration table look friendly and inviting!

- ▶ Use a brightly coloured tablecloth.
- ▶ Have plenty of brochures on hand. (Brochures are available from the Membership and Marketing Committee.)
- ▶ Offer a cookie or two to taste. This would be a good way to use the cookies from the last campaign that you were unable to sell and to promote the upcoming sales of cookies as well.

- ▶ Display a badge sash.
- ▶ Have some program books for visitors to flip through.
- ▶ If you have any photos of your girls being active, take them along too. (If you don't have any, be sure to snap some shots this year!)
- ▶ Don't forget the smiles. The greatest way to encourage girls and adults to join us is to show them that we are having a great time.

Hosting a booth at a community resource event?

Need display boards, signs, brochures and other great stuff?

Contact the Membership and Marketing Committee.

Recruiting: Getting the word out

Trying to recruit adults? Make a list of the benefits you have received from Guiding. Be willing to share it.

We've all learned and gained some things from our experience: public speaking, self-confidence, decision-making, goal-setting, patience, new friends, financial record keeping, and so much more. We've challenged ourselves (and each other) to reach higher.

What can you add to this list? I am sure you've got lots. What about budgeting?

Rock-wall climbing? Camping skills? Meals-in-minutes? Computer skills? The list goes on and on.

Using your experience to encourage ladies to join us will give them a positive start to their experience. Let them know you are there to mentor and support them. After all, we are Sisters in Guiding.

— Pat Istead, Chair, Membership and Marketing Committee



Our members are our best advertising. Spread the word!



Trying New Things in Nitanisak District

Multi-branch Units:

We have two new “multi-Units”: one for younger girls (Sparks, Brownies and Guides) and one for older girls (Pathfinders and Rangers). The groups have come into being because of the girls’ desires to stay together.

Breaking away from weekly meetings:

Our two multi-Units and our two Pathfinder Units are breaking away from the every week meeting. The two Pathfinder Units are jointly meeting two Mondays a month plus a weekend activity each month. We were finding that the weekly obligation was wearing down not only our leaders, but also the girls. By adding a longer weekend meeting, the girls not only have the chance to go camping but also take on some more involved activities and crafts that we normally would not have time for in a two-hour time frame. Our grade nine girls are really looking forward to trying this out since the homework will increase this year.

Sharing space:

Our Pathfinder units and the older multi-Unit are able to share a rental space since we are not meeting every week. Whew! What a relief to not have to search (and pay) for another rental space.

Our Thursday night units are also going on a rotating schedule for their space — last year’s space proved to be too costly for the amount of space we had, so now they are back in our previous place. Since this church is really meant for two groups, the three groups are on a schedule which includes bridging and outing times.

Keeping the Books

And finally, we are trying to start to merge our accounts into one. We know that other districts have had success with just one account and one treasurer for the whole district. We are a little more cautious and will be trying it out bit-by-bit. We have one person who is going to look after our district account, our three Sparks Units (which each have their own banking accounts) and our new multi-Unit account (two new multi-Units will be sharing an account with one of our Pathfinder Units).

We are hoping that not only will it save us banking costs, but help out the leaders by taking that extra treasurer role off of their plate.

Wow, eh?

— *Bonnie Sanche, Co-Commissioner and Pathfinder Guider*



Could a multi-branch Unit work for your district?

Get creative. Think “outside the box”. In Guiding, as in life, we have to be flexible, adaptable and willing to change to meet new challenges.

What’s happening in your neck-of-the-woods?

Are you, like Nitanisak District, trying new things this year? Have you got an exciting event in the works? Have you been traveling and sharing in the sisterhood of Guiding abroad?

We want to hear about it! Share your stories, challenges and triumphs with other Guiding Members in our Area and beyond by sending an article, poem, craft idea, recipe ... whatever to *The Brownsea Bulletin*. Photos of your project or group in action would be fantastic!

Unformatted submissions can be:

- delivered or mailed to the Guide Centre
- e-mailed as an attachment to

brownsea@calgarygirlguides.com

- faxed to 403-283-9781.

When sending articles, please clearly label them (or include in the subject line): “Brownsea”.

Submissions are subject to approval and must be received prior to the publication deadline (see page 11). Items received after the deadline may be included in the next issue provided they are not time-sensitive.

I look forward to reading (and helping to share) your stories!

— *Pat Papineau, Editor - The Brownsea Bulletin*



Got a great idea? Why not share it?

GGC– Calgary Area Directory		Phone: 403-283-8348	
Contact		Voice-Mail Ext	E-mail
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Deputy Area Commissioner	Annette	34	commissioner@calgarygirlguides.com
Camping Advisers	Renée		camping@calgarygirlguides.com
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For additional numbers, information or to connect with voice-mail extensions, please call 403-283-8348.
The switchboard will go to voice mail at lunch-time daily.

The Brownsea Bulletin
Publication Deadlines:

- October 31 for the November Issue
- December 31 for the January Issue
- February 28 for the March Issue
- March 31 for the April Issue
- April 30 for the May Issue
- August 31 for the September Issue

Find the *Brownsea Bulletin* and other great resources on the web:

GGC-Calgary Area website

www.calgarygirlguides.com

and

GGC-Alberta Provincial Council

website www.albertagirlguides.ca

Also check out the

GGC national website www.girlguides.ca



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If you are reading this, chances are you view *The Brownsea Bulletin* on-line (because this is where the address label would go).

THANKS for helping us to *use our resources wisely* and *protect our common environment* by saving on postage, paper and printing!



Girl greatness starts here!

We're on the Web!
www.calgarygirlguides.com

Outdoor Cooking Training



Because there's more to Outdoor Cooking than roasting marshmallows!

When: Saturday, October 3
10:00 a.m. to 3:00 p.m.

Where: Rabbit Site, Camp Jubilee,
Cochrane
(Directions will be provided.)

Who: Adult Members looking to expand their outdoor cooking skills

Cost: \$5 (training includes lunch)
Receipts to be issued after event.

Kit List:

- Dishes (Non-breakable plate/bowl, mug, cutlery in a bag)
- water bottle (with water)
- pen/pencil, paper
- completed H.2 (Adult Health Form)
- sit-upon
- camp hat

Dress for the weather! We will be outside for the day (with some shelter).

Wear Good Shoes! There will be a walk in.

You can find the registration form at: www.calgarygirlguides.com/training.html